



2025 CPR Class Schedule

Red Cross for the Professional Rescuer with First Aid

Full Certifications

Class time	6 hours
Expiration	2 years for CPR, AED & First Aid
Class fees	Current Lincoln Y Staff.....\$0 YMCA Members.....\$96 Community Members.....\$155
Description	Includes CPR/AED for Adult & Child, CPR for Infants and Standard First Aid.

Procedure to pay staff: Staff should be clocking into their department training code.

*If you need to retrieve your staffs certification. Go to redcross find my certificate, enter their email address.

Days	Dates	Times	Y Location	Notes
Winter/Spring Session				
Wednesday	January 8	12pm-6pm	Cooper	
Sunday	January 12	12pm-6pm	Copple Family	
Sunday	February 2	12pm – 6pm	Fallbrook	
Wednesday	March 5	12pm-6pm	Cooper	
Sunday	March 9	12pm-6pm	Copple Family	
Saturday	April 5	12pm - 6pm	Fallbrook	
Saturday	April 19	12pm – 6pm	Fallbrook	
Summer Session				
Sunday	May 4	12pm-6pm	Copple Family	
Sunday	May 18	11am-5pm	Fallbrook	
Sunday	June 1	12pm – 6pm	Fallbrook	
Saturday	June 7	9am – 3pm	Northeast	
Wednesday	July 9	12pm-6pm	Cooper	
Saturday	August 2	9am-3pm	Northeast	
Fall Session				
Sunday	September 14	12pm-6pm	Copple Family	
Wednesday	September 24	12pm-6pm	Cooper	
Saturday	October 4	9am-3pm	Northeast	
Sunday	October 5	12pm – 6pm	Fallbrook	
Saturday	November 1	12pm-6pm	Fallbrook	
Wednesday	November 5	12pm-6pm	Cooper	
Sunday	November 16	12pm-6pm	Copple Family	
Saturday	December 6	9am-3pm	Northeast	
Sunday	December 7	12pm – 6pm	Fallbrook	

Note: Lifeguards will take full certification class as part of the Lifeguarding Course.

Pre-registration for classes required. Contact your local Lincoln Y to register.



2025 CPR Class Schedule

Red Cross for the Professional Rescuer with First Aid

Re-Certifications

CPR/AED & First Aid Review

Class time	3 hours
Expiration	2 years
Class fees	Current Lincoln Y Staff.....\$0 Lincoln Y Members.....\$61 Community Members.....\$118
Description	Includes review of CPR/AED for Adult & Child, CPR for Infants, and Standard First Aid

Procedure to pay staff: Staff should be clocking into their department training code.

*If you need to retrieve your staffs certification. Go to redcross find my certificate, enter their email address.

Days	Dates	Times	Y Location
Winter/Spring Session			
Saturday	January 25	11am-2pm	Fallbrook
Sunday	February 2	11 am – 2pm	Copple Family
Friday	February 7	12pm-3pm	Cooper
Saturday	March 1	11am-2pm	Fallbrook...
Wednesday	March 19	5:30pm -8:30pm	Northeast
Sunday	April 6	11 am – 2pm	Copple Family
Summer Session			
Saturday	May 3	11am-2pm	Fallbrook
Sunday	June 1	11 am – 2pm	Copple Family
Friday	June 6	12pm-3pm	Cooper
Wednesday	July 9	5:30pm -8:30pm	Northeast
Sunday	August 3	11 am – 2pm	Copple Family
Friday	August 15	12pm-3pm	Cooper
Fall Session			
Wednesday	September 17	5:30pm -8:30pm	Northeast
Sunday	October 5	12pm-3pm	Cooper
Sunday	October 19	11 am – 2pm	Copple Family
Saturday	November 8	11am-2pm	Fallbrook
Wednesday	November 12	5:30pm -8:30pm	Northeast
Friday	December 5	12pm-3pm	Cooper
Sunday	December 7	11 am – 2pm	Copple Family

Note: Lifeguards may now also participate in the review CPR classes.

Pre-registration for classes required. Contact your local Lincoln Y to register.